



CHILDREN'S  
AID SOCIETY  
of TORONTO

LA SOCIÉTÉ  
DE L'AIDE À  
L'ENFANCE  
DE TORONTO

## RESOURCE FAMILIES LEARNING OPPORTUNITIES CALENDAR



SPRING 2022

*The Catholic Children's Aid Society (CCAS) and Children's Aid Society of Toronto (CAS of Toronto) offers learning opportunities to all caregivers (foster, adoptive, kin, customary) in their effort to provide a safe, nurturing and loving environment for the children and youth in their care.*

*This semester is dedicated to supporting caregivers in continuing to complete foundational learning. Many of the learning opportunities posted have been identified as 'core' or mandatory, to assist in the building of competencies (skills & knowledge). There are some elective events that can be completed online at your convenience. To receive training credits for these online courses, save and email the Certificate of Completion to your Agency representative.*

*All CCAS and CAS of Toronto events are virtual. **Click on your Agency Link in the description to register.***

 [j.cheatow@torontocas.org](mailto:j.cheatow@torontocas.org) Catholic Children's Aid Society of Toronto  416.395.1719

 [kcrawford@torontocas.ca](mailto:kcrawford@torontocas.ca) Children's Aid Society of Toronto  416.924.4646 x3581

## DESCRIPTIONS

22-01 **(CCAS Only)** (Core for CCAS)

### Fire & Home Safety

Tuesday, February 22 \*6:30 pm - 8:30 pm



Residential fire is the leading cause of death for young children in the home. Toronto Fire Services has designed a workshop specifically developed for Child Welfare Practitioners to assist them in recognizing common risks factors related to fire with the families and youth that they serve. Participants will learn about different types of fires, extinguishers and the importance of an evacuation plan. The second component of this workshop involves reviewing home and child safety issues.

**Facilitator:** Toronto Fire Services

**JoAnne Cheeatow**, Training Coordinator, CCAS

**Credits:** 2

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22-02 (Core CAS of Toronto & CCAS)

### Safe Administration, Storage, Disposal and Transfer of Medication

Monday, March 7 \*10 am - 12 pm



This presentation regarding the administration, storage, disposal, communication and transfer of medication is mandatory for all Foster and KIC homes and CCAS front-line staff.

**Facilitator:** JoAnne Cheeatow, Resource Services Training Coordinator, CCAS

**Credits:** 2

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22-03 (Core for CCAS)

### Healthy Food, Healthy Children / Enhancing Cultural Competency

Monday, March 7 \*6:30 pm - 8:30 pm



This is mandatory for all CCAS Foster & Kin in Care resource parents. Aimed at improving child & youth residential services, the Ministry developed policy requirements in four key areas. This presentation will cover two of those areas:

CLICK YOUR AGENCY  
**REGISTRATION LINK**  
IN DESCRIPTION TO  
RESERVE YOUR  
**SPOT!**

Event link will be  
sent prior to date.

Improving Food & Nutrition Standards & Enhancing Cultural Competency in residential settings.

**Facilitator:** **JoAnne Cheeatow**, Resource Services Training Coordinator, CCAS

**Credits:** 2.5

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22-04 (Core CAS of Toronto & CCAS)

**Promoting Children’s Personal and Cultural Identity - PRIDE Module 7**

Tuesday, March 8 \*6:30 pm - 9:30pm



A big piece of who we are is connected to the countries, religions, cultures and families we come from. Keeping children connected to these is critical for healthy development of identity. This training focuses on the importance of respecting the cultural heritage of the child and their family, recognizing and guarding against stereotypes, implementing strategies that will result in a healthy sense of self-esteem, and pride in their own culture.

**Facilitator:** **Nandie Myers**, Kinship Services, CCAS

**Credits:** 3

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22-05 (CORE for CAS of Toronto & CCAS)

**Permanency Outcomes - PRIDE Module 8**

Tuesday, March 22 \*10 am - 3 pm



There is an increasing emphasis in child welfare on permanency planning; children need forever families, be they birth, kin or adoptive. You will have an opportunity to explore permanence, discuss kin care & adoption, consider the reality of independent living for youth leaving care & look at the implications of all this for fostering. Permanence is a cornerstone of Child Welfare Transformation.

**Facilitator:** **JoAnne Cheeatow**, Training Coordinator, CCAS

**Credits:** 5

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22-06

**Understanding and Responding to the Indicators of Human Trafficking**

Thursday, March 24 \*10 am - 12 pm



Human trafficking, specifically sex trafficking is an issue of importance for child welfare as youth who are involved in the child welfare system are at an increased risk of involvement in human trafficking. Trafficking in Toronto is prolific and on the rise. It can happen to anyone regardless of age, culture, income, orientation, gender or neighbourhood. Individuals working with our youth need to be able to identify and respond to human trafficking.

**Facilitators:** **Karen Herridge**, Resource Support Worker, CAS of Toronto  
**Rhonda Shields**, Resource Support Worker, CAS of Toronto

**Credits:** 2

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22-07



### Adult Developmental Services

Tuesday, March 29 \*10 am - 12 pm



Young people with a developmental disability can be active participants in their communities. To do that, they rely on a variety of local programs and services that promote inclusion and involvement. Erin and Linda from CCAS Special Needs team will provide you with information about their team and cover 'everything you want to know' about the Adult Developmental Services programs.

**Facilitators:** **Erin Sclisizzi**, Child & Youth Services, CCAS

**Linda Pagliocca**, Child & Youth Services, CCAS

**Credits:** 2

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22-08 (CCAS Only)

### CCAS Education Support

Tuesday, April 5 \*10 am -12 pm



Educational attainment is associated with almost all markers of health, well-being and social inclusion. As well, education is increasingly recognized for its role in positive connections and a sense of belonging with peers, school, adults, and community. Support is on the way! Our Education Liaison and Advocate will spend some time covering the following:

- Connecting students to educational supports with school boards
- Helping students transition between grades (and schools) and to Post-Secondary learning
- Supporting the increase in student enrolments for those who change schools

- Supporting young people in care 17+, CCSY and VYSA who are transitioning from high school into Post-Secondary
- Recruiting and supporting the program at UOIT

**Facilitators:** **Khalat Amin**, Education Liaison, CCAS  
**Diana Smith**, Education Advocate, CCAS

**Credits:** 2

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22-09 **(CCAS Only)** (Core for CCAS)

**Supporting 2SLGBTQ+ Children & Youth**

Tuesday, April 5 \*6:30 pm - 9:30 pm



Whether workers and caregivers are aware of it or not, it is very likely that some of the children and youth they serve identify as 2SLGBTQ. Many 2SLGBTQ children and youth face rejection, neglect or abuse when their families learn of their sexual orientation, gender identity, and/or gender expression and supportive adults and affirming services can make a positive difference in their lives. You can play an important role in preventing and addressing these challenges by become 2SLGBTQ allies. Ontario's "Serving LGBT2SQ Children and Youth in the Child Welfare System: A Resource Guide", will be reviewed. It provides practical information and tools to help workers, caregivers, children's aid societies and residential service providers better serve 2SLGBTQ children and youth when they are coming into care, when they are in care and when they are transitioning out of care.

**Facilitators:** **JoAnne Cheeatow**, Training Coordinator, CCAS  
**Jacqueline Knibb**, Child Protection Worker, CCAS

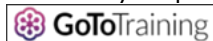
**Credits:** 3

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22-10 (Core CAS of Toronto & CCAS)

**Safe Administration, Storage, Disposal and Transfer of Medication**

Tuesday, April 5 \*7 pm - 9 pm



During this workshop we will be reviewing the Ministry Policy and standards for children in care regarding all aspects of what you, as a Caregiver, need to know about the safe administration, storage, disposal and transfer of medication.

**Facilitator:** **Kim Crawford**, Resource Parent Training Coordinator, CAST

**Credits:** 2

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22-11 (CORE for CCAS &CAST)

**Using Discipline to Protect, Nurture and Meet Developmental Needs - PRIDE  
Module 2**

Monday, April 11 **and** Tuesday, April 12 \*10 am - 1 pm



This 2-day module will increase participants' understanding of the importance of discipline in meeting developmental needs of children. It explores concrete techniques and skills to manage behaviour as well as proactive approaches to using discipline to protect, nurture and advance children's development.

**Facilitator:** **Shannon Gilmour**, Family Support, CCAS

**Credits:** **6**

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22-12 (Core CAS of Toronto & CCAS)

**Safe Administration, Storage, Disposal and Transfer of Medication**

Saturday, April 9 \*10 am - 12 pm



During this workshop we will be reviewing the Ministry Policy and standards for children in care regarding all aspects of what you, as a Caregiver, need to know about the safe administration, storage, disposal and transfer of medication.

**Facilitator:** **Kim Crawford**, Resource Parent Training Coordinator, CAST

**Credits:** **2**

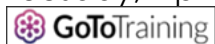
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22-13

**Understanding and Responding to the Indicators of Human Trafficking**

Tuesday, April 12 \*1 pm - 3 pm



Human trafficking, specifically sex trafficking is an issue of importance for child welfare as youth who are involved in the child welfare system are at an increased risk of involvement in human trafficking. Trafficking in Toronto is prolific and on the rise. It can happen to anyone regardless of age, culture, income, orientation, gender or neighbourhood. Individuals working with our youth need to be able to identify and respond to human trafficking.

**Facilitators:** **Karen Herridge**, Resource Support Worker, CAS of Toronto

**Rhonda Shields**, Resource Support Worker, CAS of Toronto

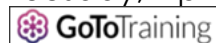
**Credits:** **2**

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22-14

### Healthy Food, Healthy Children / Enhancing Cultural Competency

Tuesday, April 26 \*10 am - 12 pm



Aimed at improving child & youth residential services, the Ministry developed policy requirements in four key areas. This presentation will cover two of those areas: Improving Food & Nutrition Standards & Enhancing Cultural Competency in residential settings.

**Facilitator:** **Kim Crawford**, Resource Parent Training Coordinator, CAST

**Credits:** 2

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22-15 **(CCAS Only)** (Core for CCAS)

### Integrating Anti-Racism, Anti-Oppression into Caregiving

Tuesday, April 26 \*10 am - 2 pm



Integrating AR/AO practice requires that people examine their own experiences and actions, and critically analyze the social constructs of power and privilege. It asserts that those who are a part of the dominant group recognize the power of their own social locations and how that power results in societal privileges and benefit to the exclusion of those who are marginalized. This approach encourages us to refrain from making assumptions about identity and prompts us to unlearn what we thought we knew, and instead, consider the unique individual intersecting identities of the people we care for, work with and interact with daily.

This module will explore how anti-Black racism is manifested in the child welfare system and how it impacts outcomes for African Canadian children, youth, and families. We will examine terms such as anti-racism, anti-oppression, diversity, equity, inclusion, bias, and 'allyship'. There will be opportunities for self-reflection and commitments to action. All of this is required to truly integrate anti-racism and anti-oppression into caregiving.

\*More advanced learning will be introduced as you continue your caregiving journey.

**Facilitators:** **Andrea Slack**, Adoption, CCAS

**JoAnne Cheeatow**, Resource Services Training Coordinator, CCAS

**Credits:** 4

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22-16

### Healthy Food, Healthy Children / Enhancing Cultural Competency

Saturday, April 30 \*10 am -12 pm



Aimed at improving child & youth residential services, the Ministry developed policy requirements in four key areas. This presentation will cover two of those areas: Improving Food & Nutrition Standards & Enhancing Cultural Competency in residential settings.

**Facilitator:** **Kim Crawford**, Resource Parent Training Coordinator, CAST

**Credits:** 2

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22-17 (Core CAS of Toronto & CCAS)

#### **Safe Administration, Storage, Disposal and Transfer of Medication**

Monday, May 2 \*10 am - 12 pm



This presentation regarding the safe administration, storage, disposal, communication and transfer of medication is mandatory for all Foster and KIC homes and CCAS front-line staff.

**Facilitator:** **JoAnne Cheatow**, Resource Services Training Coordinator, CCAS

**Credits:** 2

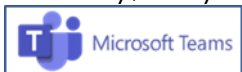
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22-18 (CCAS Only) (Core for CCAS)

#### **Integrating Anti-Oppression, Anti-Racism into Caregiving**

Tuesday, May 3 \*10 am - 2 pm



Integrating AR/AO practice requires that people examine their own experiences and actions, and critically analyze the social constructs of power and privilege. It asserts that those who are a part of the dominant group recognize the power of their own social locations and how that power results in societal privileges and benefit to the exclusion of those who are marginalized. This approach encourages us to refrain from making assumptions about identity and prompts us to unlearn what we thought we knew, and instead, consider the unique individual intersecting identities of the people we care for, work with and interact with daily.

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\*More advanced learning will be introduced as you continue your caregiving journey.



**Facilitators:** **Andrea Slack**, Adoption, CCAS  
**JoAnne Cheeatow**, Resource Services Training Coordinator, CCAS  
**Credits:** **4**

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22-19 (**CCAS Only**) (Core CAS of Toronto & CCAS)

**Understanding Identity Characteristics within the Child, Youth & Family Services Act** (CYFSA)

Tuesday, May 10 \*6:30 pm - 8:30 pm



There have been extensive changes to our current Provincial mandate which have expanded our services and supports to children, youth and families. In this workshop, we will be reviewing the changes to the legislation as it relates to understanding, learning and supporting the identities of children and youth.

**Facilitator:** **JoAnne Cheeatow**, Training Coordinator, Resource Services, CCAS  
**Credits:** **2**

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22-20 (Core CAS of Toronto & CCAS)

**Supporting Relationships Between Children & Their Families - PRIDE Module 5**

Tuesday, May 10 & Tuesday, May 17 \*6:30 pm - 9:30 pm



This 2-evening training will provide participants with an understanding of the importance of supporting family relationships & will explore strategies for working with the team to support children/youth connections to their immediate and/or extended family system.

**Facilitator:** **TBA**  
**Credits:** **6**

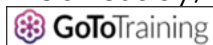
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22-21

**Understanding and Responding to the Indicators of Human Trafficking**

Wednesday, May 11 \*7 pm - 9 pm



Human trafficking, specifically sex trafficking is an issue of importance for child welfare as youth who are involved in the child welfare system are at an increased risk of involvement in human trafficking. Trafficking in Toronto is prolific and on the rise. It can happen to anyone regardless of age, culture, income, orientation,

gender or neighbourhood. Individuals working with our youth need to be able to identify and respond to human trafficking.

**Facilitators:** **Karen Herridge**, Resource Support Worker, CAS of Toronto  
**Rhonda Shields**, Resource Support Worker, CAS of Toronto

**Credits:** 2

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22-22 (Core CAS of Toronto & CCAS)

#### **Healthy Food, Healthy Children / Enhancing Cultural Competency**

Thursday, May 12 \*1 pm - 3 pm



Aimed at improving child & youth residential services, the Ministry developed policy requirements in four key areas. This presentation will cover two of those areas: Improving Food & Nutrition Standards & Enhancing Cultural Competency in residential settings.

**Facilitator:** **Kim Crawford**, Resource Parent Training Coordinator, CAST

**Credits:** 2

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22-23 (CCAS Only) (Core CAS of Toronto & CCAS)

#### **Integrating Anti-Oppression, Anti-Racism into Caregiving**

Monday, May 16 **and** Tuesday, May 17 \*6:30 pm - 8:30 pm



Integrating AR/AO practice requires that people examine their own experiences and actions, and critically analyze the social constructs of power and privilege. It asserts that those who are a part of the dominant group recognize the power of their own social locations and how that power results in societal privileges and benefit to the exclusion of those who are marginalized. This approach encourages us to refrain from making assumptions about identity and prompts us to unlearn what we thought we knew, and instead, consider the unique individual intersecting identities of the people we care for, work with and interact with daily.

This module will explore how anti-Black racism is manifested in the child welfare system and how it impacts outcomes for African Canadian children, youth, and families. We will examine terms such as anti-racism, anti-oppression, diversity, equity, inclusion, bias, and 'allyship'. There will be opportunities for self-reflection and commitments to action. All of this is required to truly integrate anti-racism and anti-oppression into caregiving.

\*More advanced learning will be introduced as you continue your caregiving journey.

**Facilitators:** **Andrea Slack**, Adoption, CCAS

**JoAnne Cheatow**, Resource Services Training Coordinator, CCAS

**Credits: 4**

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22-24 (Core CAS of Toronto & CCAS)

**Safe Administration, Storage, Disposal and Transfer of Medication**

Wednesday, May 25 \*10 am - 12 pm



During this workshop we will be reviewing the Ministry Policy and standards for children in care regarding all aspects of what you, as a Caregiver, need to know about the safe administration, storage, disposal and transfer of medication.

**Facilitator: Kim Crawford**, Resource Parent Training Coordinator, CAST

**Credits: 2**

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22-25 (Core CAS of Toronto & CCAS)

**Safe Administration, Storage, Disposal and Transfer of Medication**

Thursday, May 26 \*7 pm - 9 pm



During this workshop we will be reviewing the Ministry Policy and standards for children in care regarding all aspects of what you, as a Caregiver, need to know about the safe administration, storage, disposal and transfer of medication.

**Facilitator: Kim Crawford**, Resource Parent Training Coordinator, CAST

**Credits: 2**

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22-26 (Core CAS of Toronto & CCAS)

**Managing the Fostering Experience - PRIDE Module 9**

Monday, May 30 **and** Tuesday, May 31 \*6:30 pm - 9 pm



This module examines the impact of placement on the resource family. Participants will explore ways to manage changes, transitions and challenges. It will cover the impact of abuse allegations, should the situation arise, as the premise of this training is that these reports cannot be totally prevented.

**Facilitator: JoAnne Cheeatow**, Training Coordinator, CCAS

**Credits: 5**

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22-27

### **Roots of Racism, Racial Discrimination and Human Rights**

(Ontario Human Rights Commission)

Tuesday, June 7 \*10 am - 11am



*\*This ONLINE course can be completed on your own by logging into OACAS Learning site and registering for the course from the course catalogue.*

*(OACAS Award of Completion needed for credit)*

This is a group opportunity to complete this interactive eCourse which is a foundation for learning about race, racial discrimination and human rights protections under Ontario's Human Rights Code. The course offers a historical overview of racism and racial discrimination, explains what "race," "racism" and "racial discrimination" mean, and provides approaches to preventing and addressing racial discrimination.

**Facilitator:** **JoAnne Cheeatow**, Resource Services Training Coordinator, CCAS

**Credits:** 1

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22-28

### **Roots of Racism, Racial Discrimination and Human Rights**

(Ontario Human Rights Commission)

Tuesday, June 7 \*6:30 pm - 7:30 pm



*\*This ONLINE course can be completed on your own by logging into OACAS Learning site and registering for the course from the course catalogue.*

*(OACAS Award of Completion needed for credit)*

This is a group opportunity to complete this interactive eCourse which is a foundation for learning about race, racial discrimination and human rights protections under Ontario's Human Rights Code. The course offers a historical overview of racism and racial discrimination, explains what "race," "racism" and "racial discrimination" mean, and provides approaches to preventing and addressing racial discrimination.

**Facilitator:** **JoAnne Cheeatow**, Resource Services Training Coordinator, CCAS

**Credits:** 1

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22-29 (Core CAS of Toronto & CCAS)

### **Healthy Food, Healthy Children / Enhancing Cultural Competency**

Wednesday, June 8 \*7 pm - 9 pm



Aimed at improving child & youth residential services, the Ministry developed policy requirements in four key areas. This presentation will cover two of those areas: Improving Food & Nutrition Standards & Enhancing Cultural Competency in residential settings.

**Facilitator:** **Kim Crawford**, Resource Parent Training Coordinator, CAST

**Credits:** 2

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22-30 (**CCAS Only**) (CORE for CCAS infant/toddler homes)

### **Car Seat Safety**

Monday, June 13 \*6:30 pm - 8:30 pm



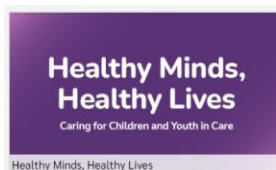
Child car seats make road travel safer for your child. They keep your child in place, so that in a sudden stop or crash, your child has increased protection. This will reduce the chances of serious injury or even death. Participants will learn the correct installation of car and booster seats and review safety requirements. All current and potential infant homes should attend.

**Facilitator:** **JoAnne Cheeatow**, Resource Services Training Coordinator, CCAS

**Credits:** 2

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- Healthy Minds, Healthy Lives courses**
1. Child and Youth Mental Health 101 and the Pandemic's Impact
  2. Trauma and Attachment
  3. Trauma and Attachment Knowledge in Action: Supporting Children and Youth in Your Care
  4. Supporting Youth with Risky Behaviours
  5. Systems Navigation
  6. Wholistic Approaches to Wellness for First Nations, Inuit and Metis Children, Youth and Care Providers
  7. Working with Black Communities to Support Mental Wellness
  8. Working with LGBTQ2S+ Communities to Support Mental Wellness

*This ONLINE opportunity can be completed on your own by logging into OACAS Learning site, Course Catalogue and registering for each of the eight courses in the series. (\*OACAS Award of Completion for each course needed for credits)*

Healthy Minds, Healthy Lives offers self-study online courses that aim to prepare foster, group, kin, adoptive and customary caregivers to better support the mental health needs of children and youth in their care. Some topics covered are signs and symptoms of mental health concerns, trauma and attachment as it relates to mental health, communicating with children and youth about mental health, systems navigation, supporting youth with risky behaviours, and supporting the mental wellness of Indigenous, Black and LGBTQ2S+ youth. Self-care practices to enhance caregivers' emotional well-being will also be explored. Participants will also have opportunities to connect with other caregivers via facilitated virtual events.