



Think Safety

At Home Child-Proofing Checklist

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Kitchen

- Pot handles turned in
- Knives and sharp utensils out of reach
- Household cleaners, and chemicals clearly labeled and kept locked and out of reach of children
- Electrical appliances (e.g.: toasters) unplugged and kept away from children

Nursery/Bedroom

- Place baby's crib in your room for first 6 months
- Sleeping area clear of toys and loose bedding
- Crib placed away from windows, blind cords, curtains, lamps, electrical plugs and outlets and extension cords
- Make sure nightlights are not toy-like and are placed in sockets away from bedding

Living area

- Floor and hallway is free of clutter/cords to prevent falls
- Take extra caution with pets in the home
- Safety gates at top and bottom of stairs

Bathroom

- Keep medicines and cleaning supplies out of reach
- Use non-slip bath mats to reduce risk of slipping
- Ensure bath water is not too hot
- Do not use baby bath seats - they are dangerous
- Clean drips or spills from the floor as they may result in falls
- Keep sharp objects, such as razors out of the reach of children.
- NEVER leave a young child unattended in the bathroom

Miscellaneous

- Keep window cords high and out of reach of children
- Ensure smoke detectors are working
- Paints, insecticides, and poisons locked and kept out of reach. Call your local poison control centre if your child has ingested anything. In Toronto, phone: (416) 813-5900
- Electrical outlets covered with plastic safety caps
- All electrical cords taped to the wall
- Plastic bags out of reach of children
- Be aware of plants - some may be toxic