Resource Families
LEARNING OPPORTUNITIES CALENDAR
Spring 2020
WELCOME Resource Families!

The Learning Opportunities Calendar is developed together by Catholic Children’s Aid Society of Toronto (CCAS) and Children’s Aid Society of Toronto (CAS of Toronto). The calendar contains learning opportunities that develops all resource families (foster, kin, customary, adoption) as team members in trauma-informed child protection and care.

The ongoing in-service program will provide guidance to resource families on various child development topics. Other learning opportunities provide information on community trends and the child welfare system, resulting in a stronger understanding of safety, policy, procedures, expectations and available resources.

Course Numbering
Each learning event is assigned a course code which helps identify the course. Please provide this code along with the title when you are registering.

Course Registration
Resource families register for all courses using the email address connected to their home agency. Provide name, phone number, course code and title.

- CAS of Toronto families register using rptraining@torontocas.ca (Diane Cugliari 416.924.4640 x5820)
- CCAS families register using resourcetrainingmailbox@torontoccas.org (Dulce Rodrigues 416.395.1770)

Enrollment
Events marked ‘CAS of Toronto Only’ or ‘CCAS Only’ are agency specific. This signifies that an agency needs to ensure their own compliance as policies, procedures or initiatives may differ.

Credits
Training credits are provided for each event with full attendance only.

Cancellations
Any changes in the course or cancellations will be communicated by email or phone.

JoAnne Cheeatow: Catholic Children’s Aid Society of Toronto – Training Coordinator, Resource Services, 416.395.1719 • j.cheeatow@torontoccas.org

Kim Crawford: Children’s Aid Society of Toronto – Training Coordinator, Resources for Children & Youth, 416.924.4646 x3581 • kcrawford@torontocas.ca
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<thead>
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<td>20-01</td>
<td>Adoption Readiness Training (ART) Specialized Parenting, What You Need to Know About FASD</td>
<td>Monday, March 2 7 pm - 9 pm</td>
<td>2206 Eglinton Ave. E</td>
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<tr>
<td>20-02</td>
<td>Family Mediation</td>
<td>Monday, March 23 10 am - 12 pm</td>
<td>2206 Eglinton Ave. E</td>
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<tr>
<td>20-03</td>
<td>CAS of Toronto Only Inclusion 101</td>
<td>Monday, March 23 10 am - 12:30 pm</td>
<td>20 DeBoers Dr.</td>
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<td>20-04</td>
<td>Adoption Homes Only Reflective Parenting &amp; Adoption Telling</td>
<td>Monday, March 23 6:30 pm - 8:30 pm</td>
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<tr>
<td>20-05</td>
<td>Understanding &amp; Managing Aggressive Behaviour – Condensed</td>
<td>Tuesday, March 24 10 am - 3 pm</td>
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<td>20-06</td>
<td>Understanding Identity Characteristics within the Child, Youth &amp; Family Services Act (CYFSA)</td>
<td>Tuesday, March 24 10 am - 12:30 pm</td>
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<tr>
<td>20-07</td>
<td>Promoting Children’s Personal and Cultural Identity – PRIDE Module 7</td>
<td>Monday, March 30 10 am - 3 pm</td>
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<td>20-08</td>
<td>CCAS Only Culture of Privacy: Part X of the CYFSA in Child Welfare</td>
<td>Tuesday, March 31 10 am - 12 pm</td>
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<td>20-09</td>
<td>CAS of Toronto Only Inclusion 101</td>
<td>Tuesday, March 31 7 pm - 9:30 pm</td>
<td>843 Kennedy Rd.</td>
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<td>20-10</td>
<td>Privacy and Confidentiality - Part X of the CYFSA</td>
<td>Wednesday, April 1 10 am - 12:30 pm</td>
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<td>20-11</td>
<td>Youth in Transition</td>
<td>Thursday, April 2 10 am - 12:30 pm</td>
<td>20 DeBoers Dr.</td>
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<td>20-12</td>
<td>Connecting with Families</td>
<td>Friday, April 3 10 am - 12:30 pm</td>
<td>20 DeBoers Dr.</td>
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<td>20-13</td>
<td>Adoption Readiness Training (ART) Fostering Attachment Through Trauma-Informed Parenting</td>
<td>Monday, April 6 7 pm - 10 pm</td>
<td>2206 Eglinton Ave. E</td>
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<tr>
<td>20-14</td>
<td>First Aid &amp; CPR (Non-Certification Course)</td>
<td>Monday, April 6 10 am - 1 pm</td>
<td>2206 Eglinton Ave. E</td>
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<td>20-15</td>
<td>Identity Characteristics</td>
<td>Tuesday, April 7</td>
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<td>20-16</td>
<td>Privacy and Confidentiality - Part X of the CYFSA</td>
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<td>20-17</td>
<td>Understanding Identity Characteristics within the Child, Youth &amp; Family</td>
<td>Tuesday, April 14</td>
<td>843 Kennedy Rd.</td>
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<td>Services Act (CYFSA)</td>
<td>7 pm - 9:30 pm</td>
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<td>20-18</td>
<td>Anti-Black Racism</td>
<td>Thursday, April 16</td>
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<td>CAS of Toronto Only</td>
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<td>20-19</td>
<td>Healthy Food, Healthy Children/Enhancing Cultural Competency</td>
<td>Monday, April 20</td>
<td>2206 Eglinton Ave. E</td>
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<td>20-20</td>
<td>Ask the Ombudsman</td>
<td>Monday, April 27</td>
<td>2206 Eglinton Ave. E</td>
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<td>20-21</td>
<td>Implicit Bias &amp; Privilege</td>
<td>Tuesday, April 28</td>
<td>20 DeBoers Dr.</td>
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<td>20-22</td>
<td>Learning Moments</td>
<td>Thursday, April 30</td>
<td>20 DeBoers Dr.</td>
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<td>20-23</td>
<td>Anti-Black Racism</td>
<td>Thursday, April 30</td>
<td>843 Kennedy Rd.</td>
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<td>CAS of Toronto Only</td>
<td>6:30 pm - 9:30 pm</td>
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<td>20-24</td>
<td>Fetal Alcohol Spectrum Disorder-An Overview</td>
<td>Friday, May 1</td>
<td>20 DeBoers Dr.</td>
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<td>20-25</td>
<td>Supporting Relationships between Children &amp; their Families – PRIDE Module 5</td>
<td>Monday, May 4 and</td>
<td>2206 Eglinton Ave. E</td>
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<td>Monday, May 11</td>
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<td>20-26</td>
<td>Adoption Readiness Training (ART) Preparing for Openness, Adoption Telling</td>
<td>Monday, May 4</td>
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<td>and Supporting a Child’s Identity</td>
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<td>*Adoption Approved &amp; Waiting Only</td>
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<td>20-27</td>
<td>True Colours</td>
<td>Tuesday, May 5</td>
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<td>20-28</td>
<td>Anti-Black Racism</td>
<td>Friday, May 8</td>
<td>30 Isabella St.</td>
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<td>CAS of Toronto Only</td>
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<td>20-29</td>
<td>Learning Moments</td>
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<td>20-30</td>
<td>Responding to the Signs and Symptoms of Sexual Abuse – PRIDE Module 4</td>
<td>Tuesday, May 12 10 am - 2 pm</td>
<td>20 DeBoers Dr.</td>
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<td>20-31</td>
<td>Puzzle Pieces - A Closer Look at Autism Spectrum Disorder: Mild Autism</td>
<td>Tuesday, May 12 10 am - 12:30 pm</td>
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<td>20-32</td>
<td>Understanding Identity Characteristics within the Child, Youth &amp; Family Services Act (CYFSA)</td>
<td>Thursday, May 14 10 am - 12:30 pm</td>
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<td>20-33</td>
<td>Fostering Signs of Safety and Equity</td>
<td>Friday, May 15 10 am - 12:30 pm</td>
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<td>20-34</td>
<td>Anti-Black Racism</td>
<td>Tuesday, May 19 10 am - 1 pm</td>
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<td>20-35</td>
<td>Privacy and Confidentiality - Part X of the CYFSA</td>
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<td>20-36</td>
<td>Fostering Signs of Safety and Equity</td>
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<td>20-37</td>
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<td>New Born Care - The Fourth Trimester</td>
<td>Thursday, May 28 10 am - 12:30 pm</td>
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<td>20-39</td>
<td>Islamophobia</td>
<td>Thursday, May 28 7 pm - 9:30 pm</td>
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<td>20-40</td>
<td>Ontario Looking After Children (OnLAC)</td>
<td>Monday June 1 and Tuesday June 2 9:30 am - 4:30 pm</td>
<td>2206 Eglinton Ave. E</td>
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</table>
CAS of Toronto Resource Parents

Register as follows regardless of location of program.

Diane Cugliari
rptraining@torontocas.ca OR 416.924.4640 x 5820

Provide:
1. Name
2. Phone Number
3. Course #s or Titles

CCAS of Toronto Resource Parents

Register as follows regardless of location of program.

Dulce Rodrigues
resourcetrainingmailbox@torontoccas.org OR 416.395.1770

Provide:
1. Name
2. Phone Number
3. Course #s or Titles
20-01 (*Adoption Approved & Waiting Only)

Adoption Readiness Training (ART): Specialized Parenting. What You Need to Know About FASD
Monday, March 2
7 pm - 10 pm
2206 Eglinton Ave. E

Strategies not solutions, Educational Advocacy and Professional Support
Guests: Special Needs Consultant, Adoptive Parent, Adoption Worker

20-02

Family Mediation
Monday, March 23
10 am - 12 pm
2206 Eglinton Ave. E

Mediation is a practical, affordable and confidential process to address conflicts within a family. In mediation, both sides try to resolve their differences with the help of a neutral mediator. Participants will learn how mediation benefits families in various situations.
Facilitator: Ricardo Lashley, Kinship Services, CCAS
Credits: 2

20-03 (CAS of Toronto Only)

Inclusion 101
Monday, March 23
10 am - 12:30 pm
20 DeBoers Dr.

Please join us for a workshop on how to support and promote inclusion for the LGBTQ2S+ community. This customized workshop will use a “whole person” approach and explore all identity characteristics for a better understanding of intersectionality. We will also explore the impact to LGBTQ2S+ children and youth in Foster Care.

Please make sure you register for this training well in advance of the presentation date as a survey from the facilitators will be sent out 2 weeks prior to this workshop. The survey will help the facilitators to customize the content to better meet the needs of the participants.
Facilitators: TBA, Canvas Arts Action Program
Credits: 2.5
Reflective Parenting & Adoption Telling

Monday, March 23
6:30 pm - 8:30 pm
2206 Eglinton Ave. E

*This workshop is designed for adoptive parents* in all stages of their adoption journey (parents whose adoptions are completed, parents with children just placed with them, prospective adoptive parents waiting to be matched with a child). The session will focus on a reflective parenting approach to adoption telling.

Topics include:
- Why tell your child he/she is adopted?
- When is the right time to tell your child he/she is adopted?
- How to tell your child about their adoption; how to answer questions
- How to use your child’s lifebook and social history information to tell them their adoption story
- Sharing difficult information about your child’s past or information about their birth parents’ history
- What adoptees have told us

**Facilitator:** Andrea Slack, Adoption Worker, CCAS

**Credits:** 2

Understanding & Managing Aggressive Behaviour (UMAB): Condensed for Resource Families

Tuesday, March 24
10 am - 3 pm
2206 Eglinton Ave. E

This is a condensed version of the UMAB Certification Course. Participants will learn techniques to verbally intervene and manage aggressive situations, calming and diffusing techniques and the importance of debriefing after a crisis.

**Facilitator:** Laura Hughes, Family Support, CCAS

**Credits:** 5
Understanding Identity Characteristics within the Child Youth and Family Services Act (CYFSA)
Tuesday, March 24
10 am - 12:30 pm
20 DeBoers Dr.

There have been extensive changes to our current Provincial Mandate which have expanded our services and supports to children, youth and families. In this workshop, we will be reviewing the changes to the legislation as it relates to understanding, learning and supporting the identities of children and youth. This will also include the importance of Identity Data Collection and the use of Identity Resource Supports.

This is Core training for Foster and Kin Parents. There are four of these sessions being offered, please ensure you are registering for one of these workshops.

**Facilitators:** TBA, Legal Services, CAS of Toronto  
Nimo Samater, ABR Practice Lead, Resources for Children & Youth, CAS of Toronto

**Credits:** 2.5

Promoting Children's Personal and Cultural Identity - PRIDE Module 7
Monday, March 30
10 am - 3 pm
2206 Eglinton Ave. E

A big piece of who we are is connected to the countries, religions, cultures and families we come from. Keeping children connected to these is critical for healthy development of identity. This training focuses on the importance of respecting the cultural heritage of the child and their family, recognizing and guarding against stereotypes, implementing strategies that will result in a healthy sense of self-esteem, and pride in their own culture.

**Facilitator:** Nandie Myers, Kinship Services, CCAS

**Credits:** 5

Culture of Privacy: Part X of the CYFSA in Child Welfare (OACAS Learning)
Tuesday, March 31
10 am - 12 pm
2206 Eglinton Ave. E

Participants will be guided through the OACAS eLearning course. It provides an overview of key elements of Part X that are relevant to the child welfare sector. Topics covered include: Collection, Consent and Capacity; Use and Disclosure; Client Access and Correction; Breach and Safeguarding; and Complaints and the Information and Privacy Commissioner of Ontario.

**Facilitator:** JoAnne Cheeatow, Training Coordinator, CCAS

**Credits:** 2
20-09 (CAS of Toronto Only)

**Inclusion 101**
Tuesday, March 31
843 Kennedy Rd
7 pm - 9:30 pm

Please join us for a workshop on how to support and promote inclusion for the LGBTQ2S+ community. This customized workshop will use a “whole person” approach and explore all identity characteristics for a better understanding of intersectionality. We will also explore the impact to LGBTQ2S+ children and youth in Foster Care.

Please make sure you register for this training well in advance of the presentation date as a survey from the facilitators will be sent out 2 weeks prior to this workshop. The survey will help the facilitators to customize the content to better meet the needs of the participants.

**Facilitators:** TBA, Canvas Arts Action Program

**Credits:** 2.5

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20-10 (Core CAS of Toronto & CCAS)

**Privacy and Confidentiality - Part X of the CYFSA**
Wednesday, April 1
20 DeBoers Dr.
10 am - 12:30 pm

Privacy is everyone’s responsibility! Part X of the CYFSA came into effect on January 1, 2020. At the CAS of Toronto, all Staff and Resource Parents have an important role to play in upholding our responsibility to maintain the Privacy and Confidentiality of those who receive services from our agency.

This is Core training for Foster and Kin Parents. There are four of these sessions being offered, please ensure you are registering for one of these workshops.

**Facilitators:** TBA, Information Management, CAS of Toronto
TBA, Legal Services, CAS of Toronto

**Credits:** 2.5
Youth in Transition
Thursday, April 2
20 DeBoers Dr.
10 am - 12:30 pm

This learning session is for those who would like to know more about the supports and services offered to our Youth in Foster and Kin Care who are turning 18 as well as for Youth who will be transitioning into Adult Services. We will be discussing the following topics:

- Continued Care Youth Services (CCYS)
- Transitional Age Youth Worker (TAY)
- Pape Adolescent Resource Centre (PARC)
- Developmental Services Ontario (DSO)
- Community Occupational Therapy Association (COTA)

Facilitators: Darlene Zambri, CSW Children & Youth Services, CAS of Toronto
Asifa Malik, Pape Adolescent Resource Centre

Credits: 2.5

Connecting with Families
Friday, April 3
20 DeBoers Dr.
10am - 12:30 pm

Connecting a child/youth’s family into the care they receive while in Foster Care promotes better outcomes. It is important for Foster Parents to consider the child/youth’s family in the daily care they provide – as well as their identity, feelings, experiences and wishes.

In this workshop we will discuss the importance of relationships that Foster Parents have with the child/youth’s families, the impact these relationships have on the children/youth’s well-being as well as practical suggestions on how to develop and strengthen these connections.

Facilitators: Shirley Sangster, FPSW Resources for Children & Youth, CAS of Toronto
Stacey Peck, FPA Communications, CAS of Toronto
Nimo Samater, ABR Practice Lead Resources for Children & Youth, CAS of Toronto

Credits: 2.5

Adoption Readiness Training (ART): Fostering Attachment Through Trauma-Informed Parenting
Monday, April 6
7 pm - 10 pm
2206 Eglinton Ave. E (4th floor)

Understanding the traumatized brain. Focusing on Connections over Correction.

Guests: Psychological Consultant, Adoptive Parent, Adoption Workers
First Aid & CPR (Non-Certification Course)

Monday, April 6
10 am - 1 pm
2206 Eglinton Ave. E

This CPR overview will go over the basics of emergency scene management along with principles of CPR performed on adults, infants and children. Participants will practice CPR compressions on a CPR training mannequin.

Facilitator: St. John Ambulance
Credits: 3

Identity Characteristics

Tuesday, April 7
10 am - 12 pm
2206 Eglinton Ave. E

All service providers are required to take into account a child's identity characteristics and regional differences when making decisions that materially affect, or are likely to materially affect, the child's interests. What does this Ontario Regulation mean? Participants will learn the importance of a child or youth's identity characteristics in the CYFSA and in providing service.

Facilitator: JoAnne Cheeatow, Training Coordinator, CCAS
Credits: 2

Privacy and Confidentiality - Part X of the CYFSA

Tuesday, April 14
20 DeBoers Dr.
10 am - 12:30 pm

Privacy is everyone's responsibility! Part X of the CYFSA came into effect on January 1, 2020. At the CAS of Toronto, all Staff and Resource Parents have an important role to play in upholding our responsibility to maintain the Privacy and Confidentiality of those who receive services from our agency.

This is Core training for Foster and Kin Parents. There are four of these sessions being offered, please ensure you are registering for one of these workshops.

Facilitators: TBA, Information Management, CAS of Toronto
TBA, Legal Services, CAS of Toronto

Credits: 2.5
Understanding Identity Characteristics within the Child Youth and Family Services Act (CYFSA)

Tuesday, April 14
843 Kennedy Rd.
7 pm - 9:30 pm

There have been extensive changes to our current Provincial Mandate which have expanded our services and supports to children, youth and families. In this workshop, we will be reviewing the changes to the legislation as it relates to understanding, learning and supporting the identities of children and youth. This will also include the importance of Identity Data Collection and the use of Identity Resource Supports.

This is Core training for Foster and Kin Parents. There are four of these sessions being offered, please ensure you are registering for one of these workshops if not previously completed.

Facilitators: TBA, Legal Services CAS of Toronto
Nimo Samater, ABR Practice Lead, Resources for Children & Youth CAS of Toronto

Anti-Black Racism

Thursday, April 16
20 DeBoers Dr.
10 am - 1 pm

Anti-Black Racism (ABR) is a fairly new concept to many of us yet is impactful and applicable to the children and youth’s lived experiences. For those of us caring for Black and Mixed Race children and youth, it is vital we recognize the social & political factors that influence their lives. We will look at how Anti-Black Racism is overtly and covertly perpetuated by our child welfare, education, social and justice systems, which is evident by the acute overrepresentation of Black children and youth in foster care, suspended/expelled from schools and/or incarcerated.

This is Core training for Foster and Kin Parents. There are four sessions being offered, please ensure you are registering for one of these workshops if not previously completed.

Facilitators: Nimo Samater, ABR Practice Lead, Resources for Children & Youth, CAS of Toronto

Credits: 3
20-19 (Core for CCAS)

Healthy Food, Healthy Children / Enhancing Cultural Competency
Monday, April 20
6:30 pm - 9 pm
2206 Eglinton Ave. E

This is mandatory for all CCAS Foster & Kin in Care resource parents. Aimed at improving child & youth residential services, the Ministry developed policy requirements in four key areas. This presentation will cover two of those areas: Improving Food & Nutrition Standards & Enhancing Cultural Competency in residential settings.

Facilitator: JoAnne Cheeatow, Resource Services
Training Coordinator, CCAS

Credits: 2.5

20-20

Ask the Ombudsman
Monday, April 27
10 am - 12 pm
2206 Eglinton Ave. E

The Children and Youth Unit at the Ontario Ombudsman’s Office takes complaints from children, youth and adults. Under the law, service providers have several obligations to uphold young people’s rights in care. Your obligations will be reviewed in this presentation.

Facilitator: Akihiko Tse, Communications Officer Children and Youth

Credits: 2

20-21

Implicit Bias and Privilege
Tuesday, April 28
20 DeBoers Dr.
10 am - 12:30 pm

Implicit bias or unconscious bias refers to beliefs or attitudes that are activated automatically and without an individual’s awareness. These hidden biases are different from beliefs and attitudes that individuals are aware they hold but choose to conceal for the purposes of complying with social or legal norms. It is a term that speaks to how stereotypes and assumptions about identity characteristics get embedded and perpetuated in society and become normalized.

In this learning we will be given an opportunity to explore our implicit biases and look at the different types of privilege we experience. This will happen through sharing, discussion and self-reflective work that will help us to understand how we unknowingly impact the people around us, including the children and families we are in contact with.

Facilitators: Nimo Samater, ABR Practice Lead, Resources for Children & Youth, CAS of Toronto
Denise Anderson, CAS of Toronto Union Management Equity Advisor Committee Co-Chair

Credits: 2.5
Learning Moments
Thursday, April 30
20 DeBoers Dr.
10 am – 12:30 pm

With overwhelming positive feedback from our Resource Parent community, Katherine Noel is back for this calendar session. Katherine will be sharing ways that you can support children and youth in your home that can help set the stage for success at school. The Teachers will focus on the specifics of curriculum, while Caregivers can focus on how to support and implement routines, strategies and expectations in your home.

Katherine will discuss the important areas noted below to help foster a lifelong of learning for children and youth:
- Spelling & Grammar
- Cursive writing
- Multiplication tables
- Sleep
- Diet
- Screen time
- Social time
- Exercise
- Extra-curricular sports/clubs/lessons

There will also be a discussion about homework and studying; and what that will look like for different grades, including a better understanding of “old math” vs. “new math”.

Facilitator: Katherine Noel, Education Liaison, CAS of Toronto
Credits: 2.5

20-23 (CAS of Toronto Only – Core)
Anti-Black Racism
Thursday, April 30
843 Kennedy Rd
6:30 pm – 9:30 pm

Anti-Black Racism (ABR) is a fairly new concept to many of us, yet is impactful and applicable to the children and youth’s lived experiences. For those of us caring for Black and Mixed Race children and youth, it is vital we recognize the social & political factors that influence their lives. We will look at how Anti-Black Racism is overtly and covertly perpetuated by our child welfare, education, social and justice systems, which is evident by the acute overrepresentation of Black children and youth in foster care, suspended/expelled from schools and/or incarcerated.

This is Core training for Foster and Kin Parents. There are four sessions being offered, please ensure you are registering for one of these workshops if not previously completed.

Facilitators: Nimo Samater, ABR Practice Lead, Resources for Children & Youth, CAS of Toronto

Credits: 3
NEW

**Fetal Alcohol Spectrum Disorder - An Overview**
Friday, May 1
20 DeBoers Dr.
10 am - 12:30 pm

This seminar is being offered to Resource Parents as an opportunity to come together to review the basics of Fetal Alcohol Spectrum Disorder, answer any questions you may have about this topic and talk about various issues that you may be facing while caring for a child/youth who presents as having as being on this spectrum.

Please note this is a pre-discussion, not a prerequisite, to the full 2-day Fetal Alcohol Syndrome training that will be offered in the Fall.

**Facilitators:** Janet McShane, Resource Support Worker, CAS of Toronto,
Toronto FASD Leadership Team
Yvonne Gibson, Resource Support Worker, CAS of Toronto,
Toronto FASD Leadership Team

**Credits:** 2.5

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20-25 (CORE for CAS of Toronto & CCAS)

**Supporting Relationships between Children & their Families – PRIDE Module 5**
Monday, May 4 and Monday May 11
10 am - 2 pm
2206 Eglinton Ave. E

This 2-day workshop will provide participants with an understanding of the importance of supporting family relationships & will explore strategies for working with the team to support children’s connections to their immediate and/or extended family system.

**Facilitator:** JoAnne Cheeatow, Training Coordinator, CCAS

**Credits:** 8

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20-26 (*Adoption Approved & Waiting Only*)

**Adoption Readiness Training (ART): Preparing for Openness, Adoption Telling and Supporting a Child’s Identity**
Monday, May 4
7 pm - 10 pm
2206 Eglinton Ave. E

Learn about how openness works.

**Guests:** Lawyer (Openness Specialist), Adoptive Parent, Adoption Workers
This workshop focuses on understanding yourself and others based on your personality temperament. The colours of Orange, Gold, Green and Blue are used to differentiate the 4 central True Color personality styles.

Each of us has a combination of the 4 True Colors that make up our personality spectrum, usually with one of the styles being most dominant. By identifying your personality (and personalities of others) True Colors provides insight into different motivation, action and communication approaches.

True Colors training provides:
- Increased understanding of self and others
- Expanded appreciation for valuing differences
- Communication skill building with families, community and educators
- Avenues for a more harmonious, productive environment
- A universal language that accelerated problem solving, increases trust and reduces conflict through understand our differences and preferences

Facilitator: Cheryl Conick
Credits: 2

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Facilitators: Nimo Samater, ABR Practice Lead, Resources for Children & Youth, CAS of Toronto
Credits: 3
**Learning Moments**

**Monday, May 11**  
843 Kennedy Rd  
7 pm - 9:30 pm

With overwhelming positive feedback from our Resource Parent community, Katherine Noel is back for this calendar session. Katherine will be sharing ways that you can support children and youth in your home that can help set the stage for success at school. The Teachers will focus on the specifics of curriculum, while Caregivers can focus on how to support and implement routines, strategies and expectations in your home.

Katherine will discuss the important areas noted below to help foster a lifelong of learning for children and youth:

- Spelling & Grammar  
- Cursive writing  
- Multiplication tables  
- Sleep  
- Diet  
- Screen time  
- Social time  
- Exercise  
- Extra-curricular sports/clubs/lessons

There will also be a discussion about homework and studying; and what that will look like for different grades, including a better understanding of “old math” vs. “new math”.

**Facilitator:** Katherine Noel, Education Liaison, CAS of Toronto  
**Credits:** 2.5

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**Responding to the Signs and Symptoms of Sexual Abuse - PRIDE Module 4**

**Tuesday, May 12**  
20 DeBoers Dr.  
10 am - 2 pm  
*(please note time; ½ hour will be provided for lunch break)*

PRIDE In-service Module 4 is designed to increase Resource Parents’ understanding of sexual abuse, and to help them respond effectively to the issues of sexual abuse. Resource Parents will gain insight into why and how sexual abuse occurs; and develop an understanding of how sexual abuse relates to other forms of child victimization. The steps to therapeutic parenting are explained and the ways foster parents can help the healing process are identified.

**Facilitators:** Kim Crawford, Resource Parent Training Coordinator CAS of Toronto  
**Credits:** 3.5

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-17-
Puzzle Pieces – A Closer Look at Autism Spectrum Disorder: Mild Autism

Tuesday, May 12
10 am - 12:30 pm
2206 Eglinton Ave. E

This is the second session in the Puzzle Pieces Series examining ASD. Mild Autism, Asperger’s Syndrome and High Functioning Autism are all used to describe ASD Level 1. In this training we will take a closer look at life experiences for those who are on the mild end of the Autism Spectrum and their caregivers. *Attendance at first session of Puzzle Pieces is not a prerequisite for this training.

Facilitators: Shannon Gilmour, Family Support Worker, CCAS
Laura Hughes, Family Support Worker, CCAS

Credits: 2

Understanding Identity Characteristics within the Child Youth and Family Services Act (CYFSA)

Thursday, May 14
20 DeBoers Dr.
10 am - 12:30 pm

There have been extensive changes to our current Provincial Mandate which have expanded our services and supports to children, youth and families. In this workshop, we will be reviewing the changes to the legislation as it relates to understanding, learning and supporting the identities of children and youth. This will also include the importance of Identity Data Collection and the use of Identity Resource Supports.

This is Core training for Foster and Kin Parents. There are four of these sessions being offered, please ensure you are registering for one of these workshops

Facilitators: TBA, Legal Services CAS of Toronto
Nimo Samater, ABR Practice Lead, Resources for Children & Youth CAS of Toronto

Credits: 2.5
Fostering Signs of Safety and Equity
Friday, May 15
10 am - 12:30 pm
20 DeBoers Dr.

Signs of Safety is a clinical framework specifically used for the work we do in Child Welfare and at the CAS of Toronto, we have infused Equity throughout our clinical work. Signs of Safety has been implemented in various Child Welfare Agencies across the world, and CAS of Toronto has implemented this framework to help focus on equity, existing safety, strengths, support networks and the voice of our children and youth. This framework can be positively utilized by Resource Parents and this workshop is geared to include you in the process. There are principles and tools that can be integrated into everyday caregiving as well as meetings/Plans of Care and problem solving conflict resolution.

Facilitator: Kim Crawford, Resource Parent Training Coordinator, CAS of Toronto
Credits: 2.5

Anti-Black Racism
Tuesday, May 19
843 Kennedy Rd.
10 am - 1 pm

Anti-Black Racism (ABR) is a fairly new concept to many of us, yet is impactful and applicable to the children and youth’s lived experiences. For those of us caring for Black and Mixed Race children and youth, it is vital we recognize the social & political factors that influence their lives. We will look at how Anti-Black Racism is overtly and covertly perpetuated by our child welfare, education, social and justice systems, which is evident by the acute overrepresentation of Black children and youth in foster care, suspended/expelled from schools and/or incarcerated.

This is Core training for Foster and Kin Parents. There are four sessions being offered, please ensure you are registering for one of these workshops if not previously completed.

Facilitators: Nimo Samater, ABR Practice Lead, Resources for Children & Youth, CAS of Toronto
Credits: 3
Privacy and Confidentiality - Part X of the CYFSA
Thursday, May 21
10 am - 12:30 pm
20 DeBoers Dr.

Privacy is everyone's responsibility! Part X of the CYFSA came into effect on January 1, 2020. At the CAS of Toronto, all Staff and Resource Parents have an important role to play in upholding our responsibility to maintain the Privacy and Confidentiality of those who receive services from our agency.

This is Core training for Foster and Kin Parents. There are four of these sessions being offered, please ensure you are registering for one of these workshops.

Facilitators: TBA, Information Management, CAS of Toronto
TBA, Legal Services, CAS of Toronto

Credits: 2.5

Fostering Signs of Safety and Equity
Monday, May 25
10 am - 12:30 pm
20 DeBoers Dr.

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Facilitator: Kim Crawford, Resource Parent Training Coordinator, CAS of Toronto

Credits: 2.5
20-37 (Core CAS of Toronto & CCAS)

**NEW** Privacy and Confidentiality - Part X of the CYFSA
Tuesday, May 26
843 Kennedy Rd.
10 am - 12:30 pm

Privacy is everyone’s responsibility! Part X of the CYFSA came into effect on January 1, 2020. At the CAS of Toronto, all Staff and Resource Parents have an important role to play in upholding our responsibility to maintain the Privacy and Confidentiality of those who receive services from our agency.

This is Core training for Foster and Kin Parents. There are four of these sessions being offered, please ensure you are registering for one of these workshops.

**Facilitators:** TBA, Information Management, CAS of Toronto
TBA, Legal Services, CAS of Toronto

**Credits:** 2.5

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20-38

**NEW** Newborn Care – The Fourth Trimester
Thursday, May 28
20 DeBoers Dr.
10 am -12:30 pm

A baby’s fourth trimester starts from the moment they are born and lasts until they are 3 months old. The term is used to describe a period of great change and development in a baby as they adjust to the new world outside of the womb. The mental and physical strides a baby takes during the first three months are just as important to their development as their growth in utero.

This workshop will cover a number of topics related to the physical care of an infant in their Fourth Trimester as well as the following: soothing, behaviour states and sleep cycles, neural stimulation, as well as how to support a baby’s identity.

**Facilitators:** Julie Bays, Certified Childbirth Educator, Doula, FPA Executive Member
TBA, Health Services, CAS of Toronto

**Credits:** 2.5
Islamophobia
Thursday, May 28
843 Kennedy Rd
7 pm - 9:30 pm

Please join us in a discussion and learning opportunity on how to better understand the key philosophies and diversity across the Muslim community in Toronto. Our goal is to increase capacity and knowledge of the diverse Islamic faiths and cultural identities through an intersectional lens. This workshop will focus on how to ask questions, engage and support Muslim children/youth/families in a culturally sensitive, safe and respectful manner.

Facilitators: TBA, Malvern Collaborative for Muslim Families and Youth
Credits: 2.5

Ontario Looking After Children (OnLAC)
Monday, June 1 and Tuesday, June 2
9:30 am - 4:30 pm
2206 Eglinton Ave. E

This 2-day OACAS training curriculum has been designed to inform CAS staff and resource parents in the theory, principles and values which inform the child centered approach to child welfare practice. It is based on a developmental model building on strengths and is grounded in resiliency theory. This workshop will cover:

- Resiliency Theory
- The importance of Positive/Authoritative Parenting
- Using the Assessment Action Record

Facilitators: Aaron Badgley, Child Protection Supervisor, CCAS
JoAnne Cheeatow, Training Coordinator, CCAS

Credits: 12
For detailed map and directions, please visit www.google.ca/maps

**CAS of Toronto NorthWest Branch & Resources for Children and Youth**
20 De Boers Dr.

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**Parking at 20 DeBoers Dr.**

All parking (indoor and outdoor) is at a fee of $10 which can be made by **CREDIT CARD ONLY**.

If using the outdoor parking lot, CAST reception is located on the 2nd floor of the building (Suite 250).

There is an above ground parking garage connected to the building with two available entrances.

You can park on P1 or P2 only, with the exception of wheelchair accessible parking on the P3 level.

If using the parking garage, CAST reception is located using the P3 level noted by the Children’s Aid Society sign in the stairwell.

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**CAS of Toronto Scarborough Branch**
843 Kennedy Rd.

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**Parking at 843 Kennedy Rd.**

When attending training, Resource Parents are welcome to park in Visitor parking. Should all Visitor parking spaces be full, there is parking available nearby on the following streets:

- Moorgate Ave.
- Moorecroft Cres.
- Treverton Dr.

Parking available nearby on the following streets:

- **Moorgate Ave.**
- **Moorecroft Cres.**
- **Treverton Dr.**

Please be aware and obey all posted parking signs on these streets to ensure that you will not be ticketed.
TRAINING LOCATIONS & DIRECTIONS

Parking at 30 Isabella St.

There is a large Green P parking garage located on the North side of Charles St. close to Yonge St.

There is a small Green P parking lot with limited spots located in front of 30 Isabella on the South side of the street.

Parking at 2206 Eglinton Ave. E

Paid parking is on site.